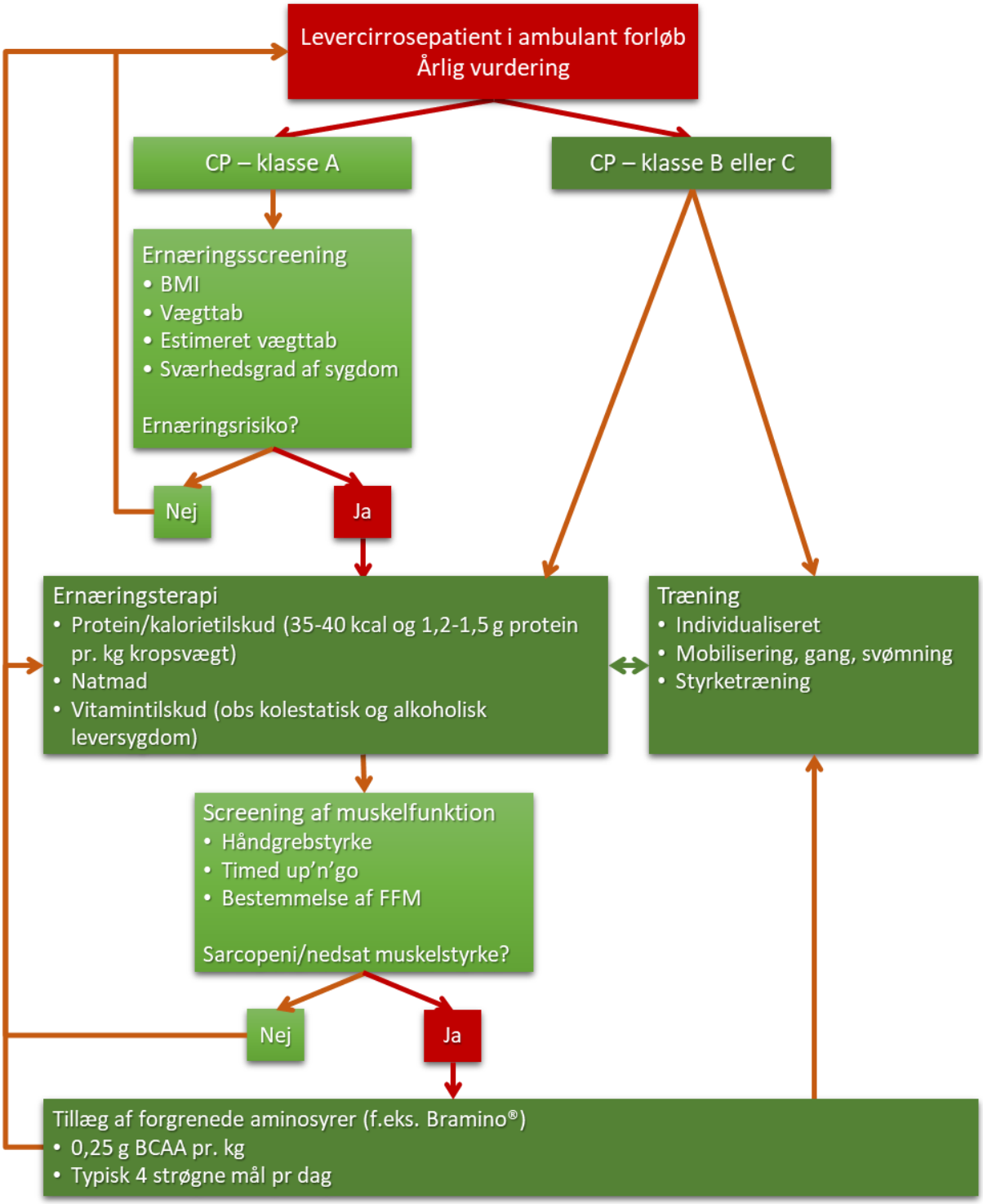A: Flowchart til ambulant vurdering og behandling af malnutrition og sarcopeni